

When it comes to good mental health,
good brothers and sisters are:

PRESENT

SHOW COMPASSION AND REALLY LISTEN

ACCOUNTABLE

TAKE RESPONSIBILITY FOR CONTINUING SUPPORT

HUMAN

KNOW THEIR LIMITS AND CONSULT THE EXPERTS

Sometimes, the most important step is
simply being a good FRIEND.



SIGMA NU FRATERNITY
Excelling with Honor



ZETA TAU ALPHA
— Seek the Noblest —



Alpha Chi Omega
REAL. STRONG. WOMEN.



PI KAPPA PHI
Exceptional leaders. Uncommon opportunities.