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PRESS RELEASE

LEADING WOMEN'S ORGANIZATION ADDRESSES MENTAL HEALTH Alpha Chi Omega Announces Partnership with The Jed Foundation

FOR RELEASE

Indianapolis, IN, Sept. 10, 2014 – Leading women's fraternity Alpha Chi Omega announced today its partnership with The Jed Foundation, an organization whose mission is to promote emotional health and prevent suicide among college students. Alpha Chi Omega is the first women's fraternity of the National Panhellenic Conference to affiliate with The Jed Foundation, joining men's fraternities Sigma Chi and Sigma Alpha Epsilon in reaching college students.

The Jed Foundation offers ULifeline, which Alpha Chi Omega will promote to members of its 134 collegiate chapters nationwide. ULifeline is an anonymous, confidential online resource center, allowing students to find information about a variety of mental health topics any time of day. With more than 1,500 colleges and universities currently participating in the ULifeline Network, students will also have access to campus-specific resources where available.

"Our members are our greatest asset and their well-being is of the utmost importance to us. We are proud of this new partnership with The Jed Foundation, and the resources it provides to our members," stated Alpha Chi Omega Executive Director Tami Shields Silverman.

Silverman continued, "College can be a stressful time with our members facing many changes. By collaborating with The Jed Foundation, we are able to put to use research-based best practices in helping our members navigate their collegiate experience. Should our members and their parents want more information about mental health-related issues, we are now able to connect them with this outstanding resource."

"We are honored to partner with Alpha Chi Omega to help promote emotional wellbeing and mental health among their members," stated John MacPhee, Executive Director of The Jed Foundation. "Together, we will work to provide members with information about mental health and wellness, including how to identify signs of distress in oneself or a peer and how to connect with help and support when needed."

Learn more about Alpha Chi Omega's partnership with The Jed Foundation at www.alphachiomega.org/jedfoundation.

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About Alpha Chi Omega

Alpha Chi Omega is a values-driven fraternity founded in 1885 whose national philanthropic efforts focus on domestic violence awareness and prevention. The Fraternity currently has 134 chapters at colleges nationwide and more than 200 alumnae chapters across the United States. Alpha Chi Omega is far more than a social organization, more than a place to live or a way to meet people. Its mission is to enrich the lives of members through lifetime opportunities for friendship, leadership, learning and service. Learn more about Alpha Chi Omega at alphachiomega.org and facebook.com/alphachiomegahq.

About The Jed Foundation

The Jed Foundation (www.jedfoundation.org) is a leading nonprofit working to protect the emotional health of teenagers and colleges students. Our programs are inspiring a new national dialogue on mental health, encouraging millions of young people to speak up and take action, and changing the way academic institutions create healthier campus communities and prevent substance abuse and self-harm. These programs include: **The Jed and Clinton Foundation Health Matter Campus Program**, a groundbreaking self-assessment and feedback program that helps colleges create more comprehensive solutions to support their students; **ULifeline**, an online resource that helps students understand and address mental health conditions like depression and anxiety disorders; the **Half of Us** campaign, with MTV, which uses online and on-air programming to share stories and encourage help-seeking; the **Love is Louder** movement that helps individuals, communities and schools build resiliency, create connectedness and promote acceptance; **Transition Year**, an online resource for parents aimed at helping to ensure a smooth, healthy transition into college life; and a portfolio of resources that helps campuses promote emotional health and protect at-risk students. Learn more at www.jedfoundation.org.