

# Supporting Graduates

## HOW CAN ALUMNAE SUPPORT SENIORS?

Alpha Chi Omega sisters strive to support each other in meaningful ways. A significant milestone in the life of a collegiate member is her transition to an alumna upon graduation. Alumnae seek ways to best celebrate and support seniors as they make this transition, particularly as COVID-19 has altered many traditional recognition plans. We hope this resource provides alumnae and alumnae chapters ideas for how to support our senior sisters!

Here are some options to consider to recognize, celebrate and support Alpha Chi Omega graduates as they transition to alumnae life:

### PARTICIPATE IN SOCIAL MEDIA ENGAGEMENT EFFORTS

There are so many opportunities to recognize and celebrate seniors online. Many collegiate chapters are posting senior spotlights to highlight individual members. Follow the chapter online and like/comment on posts. [Instagram](#) is the most popular platform for current collegians. Consider creating an account if you do not already have one! @AlphaChiOmegaHQ also posts opportunities to celebrate seniors. Be sure to check Instagram Stories for social media engagement activities, including “tag a senior” prompts. We also hope you’ll join us on Instagram Live on May 12 to celebrate our #AXOSeniorSendOff!

### SEND A SENIOR A NOTE OF WELL-WISHES

Sisters always appreciate receiving a personalized message, and we know our seniors would love to hear from you! Contact the collegiate chapter near you (or your chapter of initiation) to request a list of senior member contacts. Consider sending a note via traditional mail, email or an e-card! Alpha Chi Omega has [created fillable e-card templates](#) for sending electronic carnation notes. Share this activity with your alumnae chapter by creating a brief sign-up sheet where alumnae can be randomly assigned to send a note to a senior. This is a fun and easy way to start a less formalized pen-pal program with alumnae! Need additional help finding contact information? Email [lifetimeengagement@alphachiomega.org](mailto:lifetimeengagement@alphachiomega.org).

## SHARE YOUR WISDOM

Graduating seniors look to experienced alumnae for advice and guidance. Ask your alumnae sisters to share words of wisdom with these members. What is something you know now that you wish you knew upon graduation? Do you have advice on how to successfully build friendships and community after moving to a new city? Any guidance for starting in your career? Gather alumnae submissions and share them! These could be printed and mailed to graduating seniors or distributed electronically. This is a great way to support our sisters in a low budget but meaningful way!

Many of our graduating seniors are seeking internships and jobs in their areas of interest. Our [LinkedIn Alpha Chi Omega Networking Group](#) is a great space to share opportunities for sisters.

Additionally, check out our [Women & Wisdom](#) program, and encourage your alumnae and collegiate sisters to join and make a mentoring relationship today! Our Women & Wisdom virtual series, an extension of our mentoring program, offers opportunities for personal and professional development. Consider [sharing your wisdom with us](#) by serving as a featured alumna in an upcoming session!

## HOST A SISTERHOOD EVENT OR MEETUP

Recent graduates are eager to meet new sisters in their communities! One of the best ways Alpha Chi Omega can support our senior members is by helping them build relationships and connections in their area. Alumnae members and/or alumnae chapters might consider hosting an event, virtually now or in person later, to meet new sisters, connect and celebrate our sisterhood. [Submit your event details](#) to Alpha Chi Omega and we will work to get them [posted online here](#) for sisters to find open-invite events to attend! We hope this helps alumnae meet sisters, even during this time of social distancing.