

Global Cause, Local Impact

FACILITATION GUIDE

Description: In this program, participants will explore the global effects of domestic violence, as well as how to have an impact at the local level. While the statistics about domestic violence worldwide may at times feel intimidating, an exploration of ways to support survivors in your local community and a deeper understanding of domestic violence services make the importance of our work as members of Alpha Chi Omega more apparent.

Learning Objectives: As a result of participating in this program, participants will:

- Learn the statistics related to domestic violence both in the United States and globally (Self-awareness)
- Acknowledge the wide range of societal effects of domestic violence (Intention and self-direction)
- Deepen understanding of local resources and commitment to local domestic violence service provider (Sense of responsibility for others)
- Make a personal commitment to action related to domestic violence awareness, prevention or response (Sense of responsibility for others)

Facilitator: Vice president philanthropy, philanthropy committee member, chapter president, alumna advisor, alumnae chapter leader

Audience: All members of Alpha Chi Omega

Space: A space with enough room for all members to sit comfortably and have small group discussions

Duration: 45 minutes

Materials Needed:

- A computer and display with A/V access
- Global Cause, Local Impact PowerPoint

Preparation: Update the Global Cause, Local Impact PowerPoint slide 5 with information about your local shelter or domestic violence service provider and prepare a list of services available for the “How Organizations Support Survivors” section on page 7 of this guide. Prepare suggestions of ways members can get involved in service and philanthropy within your chapter for the “How We Support Organizations” section on page 6 of this guide.



Follow-up: Be sure that every facilitator and participant of this program completes the Programs with Purpose Feedback survey!


It is very important that we receive feedback for each of our Alpha Chi Omega programs in order to continue to improve our resources. This survey is designed to lead the facilitator and participant to questions relevant to their own experience, so the same link can be used for both parties.

Survey link: <https://www.surveymonkey.com/s/D9BSHRS>

Note: In the left column of the facilitation guide below, the number to the left is the amount of time the facilitator will spend on that section of the program. The number on the right is the amount of time that has currently elapsed in the entire program.

FACILITATION GUIDE

5/5	<p>INTRODUCTION</p> <p> Set up PowerPoint, Slide 1</p> <p>Introduce yourself and your role related to Alpha Chi Omega's philanthropy.</p> <p> Slide 2: Content Warning</p>
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	<p>I'd like to give a content warning before we begin to let you all know we will be talking about domestic violence and its impact on individuals and communities today. There may be language used and topics covered that are uncomfortable or triggering for some people, especially those with personal experiences with domestic violence and sexual assault.</p> <p>If at any time you need to excuse yourself from our session, know that it is entirely OK as we do not wish unintended harm for any of you. There are national resources on the screen in front of you if you would like to seek out additional support.</p> <p>Now, let's get started!</p>
15/20	<p>DOMESTIC VIOLENCE TODAY</p> <p> <i>Slide 3: Domestic Violence at a Glance</i></p> <p>It is important to understand the current statistics about domestic violence to comprehend the breadth of this issue. In the United States alone, more than 10 million people are abused by intimate partners each year. Most studies conducted about domestic violence are concentrated in the global north and data varies for developing nations, but a study of 161 countries conducted by the World Health Organization and the United Nations found that nearly one in three women have been subjected to physical or sexual violence by an intimate partner. Both the UN and WHO have identified intimate partner violence and violence against women as critical public health issues that have wide-ranging impacts on society.</p> <p>These statistics are not intended to scare you, but instead to give an accurate picture of why the work we do as members of Alpha Chi Omega is so important.</p> <p>What are some of your reactions to these statistics?</p>

Thinking globally, what are some of the possible negative societal consequences of domestic violence?

Examples may include: health consequences (physical, mental, sexual and reproductive health problems), impact on children, as well as social and economic costs. Once participants have shared some potential consequences, display the next slide.




Slide 4: Global Effects of Domestic Violence

Give participants a minute to absorb the potential societal consequences of domestic violence displayed on the screen.

- *Health consequences (injury, homicide, suicide, increased likelihood of miscarriage and pre-term babies, depression, PTSD, substance use and abuse)*
- *Impact on families (emotional and behavioral disturbances, higher infant mortality, increased likelihood of perpetrating or experiencing violence later in life)*
- *Social costs (isolation, inability to work, lack of participation in regular activities, inability to care for self and family)*
- *Economic costs (prevention and response costs, impact on health care systems, loss of wages, economic output and employees)*

Are there any effects that surprise you?

As you can see, domestic violence affects not only the victim/survivor, but also the community in which they live. According to research by the United Nations, in Ghana, domestic violence resulted in a 4.5% reduction of female workers in the year 2019. Another statistic showed that in Vietnam, the overall costs of accessing services, missed work and lowered productivity for those who experienced intimate partner violence amounted to over 3% of the Gross Domestic Product. The Institute for Women's Policy Research reports that here in the United States, victims of intimate partner violence worked less, had less educational attainment and

	<p>had higher health care costs than non-abused people – resulting in an economic loss of approximately \$11.24 billion annually.</p> <p>While we might not be able to help every victim of domestic violence in every country, there are survivors and organization(s) in our local community that need us, and we can focus our efforts here to reduce the impact felt in <i>[insert city/state name]</i>.</p>
5/25	<p>GLOBAL CAUSE, LOCAL IMPACT</p> <p>When it comes to supporting a cause as serious as domestic violence awareness, prevention and response, it's important to work with the experts. While we can affirm and support survivors, victim advocates and crisis response staff receive special training that may be outside the scope of our expertise. Our local domestic violence shelter/service-provider is: <i>[insert name of organization here]</i>.</p> <p> <i>Slide 5: Our Local Impact</i></p> <p><i>Facilitator should take 2-3 minutes to share about your local domestic violence service provider:</i></p> <ul style="list-style-type: none"> ○ <i>Contact information</i> ○ <i>Organization history</i> ○ <i>Services provided (including statistics like number of people served annually if that information is available)</i> ○ <i>Current needs</i> <p>We have a reciprocal relationship with our local service provider. As real, strong women, we need them to support and care for victims and survivors as we work toward a future free from violence, and as a nonprofit organization, they rely on donated resources and volunteers to maintain their operations.</p>

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HOW WE SUPPORT ORGANIZATIONS

In order to understand the various ways we can support our local service provider, we need to understand the difference between service and philanthropy.

Note: For a deeper dive into philanthropy, service and connecting with the local community, see Alpha Chi Omega in the Community, Parts I and II Programs with Purpose.

By a show of hands, who can explain the difference between service and philanthropy?

Give participants a moment and then call on someone to share with the large group.



Slide 6: How we support organizations

Both service and philanthropy are important tenets of the Alpha Chi Omega experience but are different based on what is given. Philanthropy is giving money, and service is giving time and volunteer efforts. The good news about our chapter is that you don't have to be VP philanthropy to have an impact via philanthropy, service efforts or both!

Facilitator should spend 3-5 minutes summarizing the history of the chapter's involvement with the local shelter/service provider, as well as ways members can get involved in service or philanthropic efforts. Examples may include:

- *Upcoming fundraising event*
- *Tabling events*
- *Participating in a donation drive*
- *Service opportunities at the shelter*
- *Joining the philanthropy committee (if applicable)*

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HOW ORGANIZATIONS SUPPORT SURVIVORS



Slide 6: How organizations support survivors

There is so much that we can do to support our local domestic violence organizations, which empowers them to continue to offer services to survivors in our community. The types of services offered by domestic violence organizations, of course, vary, but there are some common services that we always rely on the experts for.

What are some examples of services that you should always go to the experts for when it comes to domestic violence and sexual assault?

Take 3-5 responses from participants. Examples may include:



- *Emergency shelter*
- *Legal counsel*
- *Safety planning*
- *Health services*
- *Support finding employment, long-term housing, caring for children, etc.*
- *Psychological counseling*

Be sure to highlight which services your local service provider/shelter provides.

Thank participants for sharing.

I want to highlight one resource that many organizations provide: safety planning. The most dangerous time in an abusive relationship is actually when leaving the relationship, as abuse can escalate when the abuser feels threatened or like they are losing control. Therefore, safety planning resources and expert counseling on how to get out of an unhealthy relationship are so important. Safety planning is often dependent on the availability of local resources like emergency shelter and health care.

Highlight local safety planning resources.

	<p>In addition to these local resources, the National Domestic Violence Hotline has an online tool that will help a survivor create a personalized safety plan, and their trained team of advocates will follow up on how to enact that plan. Use the QR code on the screen in front of you or go to https://www.thehotline.org/plan-for-safety/create-a-safety-plan/ to view the process or get started making a plan.</p> <p>Please note: if you or a friend or loved one wants to visit a website or call a hotline, consider doing so from a friend's device or a public device as abusive partners may check electronic devices and search histories.</p> <p>The more you learn more about the variety of services domestic violence organizations provide, the more apparent the importance of our work as members of Alpha Chi Omega becomes.</p>
5/45	<p>PERSONAL COMMITMENTS AND CLOSING</p> <p> <i>Slide 8: Reflection Questions</i></p> <p>Thank you all for being such engaged and thoughtful participants. Before we go, I'd like to reflect on the following question:</p> <p>What is one thing you are either going to start or stop doing to focus your commitment to domestic violence awareness on the local level?</p> <p><i>Have participants brainstorm and then share with a small group of three to five. After a few minutes of small group sharing, have two or three participants share their commitments with the large group.</i></p> <p><i>If time allows, ask the group if they have any final questions, thoughts or points to share.</i></p> <p> <i>Slide 9: Thank you!</i></p>

	<i>Before participants leave, thank participants for their time and ask them to complete the program evaluation using the QR code on the PowerPoint slide. You may also offer to send the survey link to them via email.</i>
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REFERENCES:

One Love Foundation: <https://www.joinonelove.org>

The National Coalition Against Domestic Violence: <https://www.ncadv.org>

The World Health Organization: <https://www.who.int/news-room/fact-sheets/detail/violence-against-women>

The United Nations: <https://www.un.org/en/academic-impact/examining-domestic-violence-around-world-cost-doing-nothing>

The Institute for Women's Policy Research: https://iwpr.org/wp-content/uploads/2020/10/B367_Economic-Impacts-of-IPV-08.14.17.pdf

The National Domestic Violence Hotline: <https://www.thehotline.org>